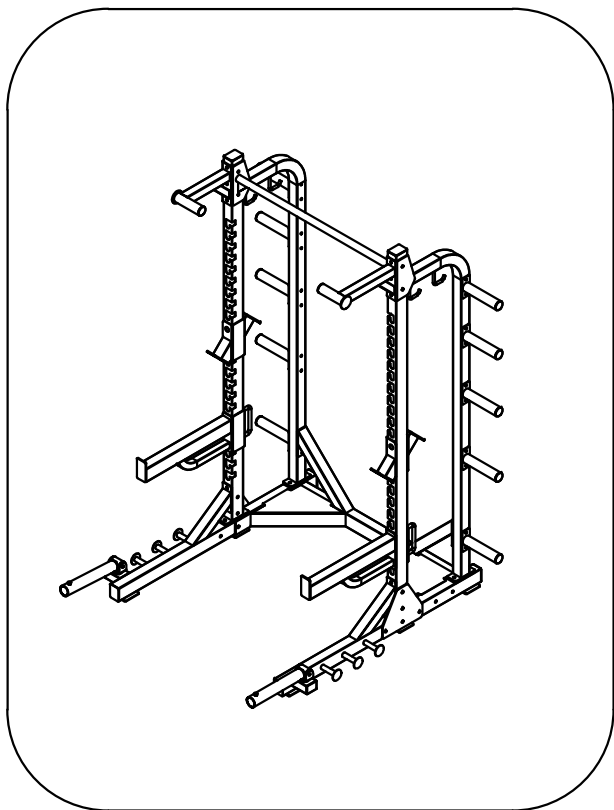


# Half Rack

## Owner's Manual

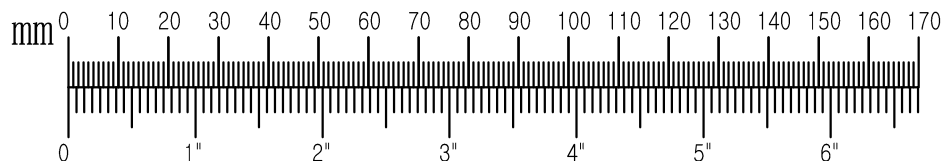


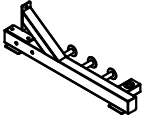
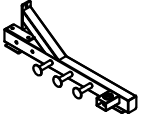
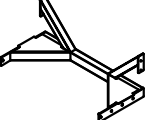



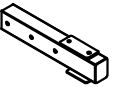






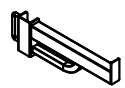
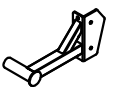
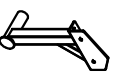

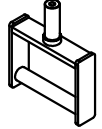

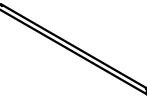

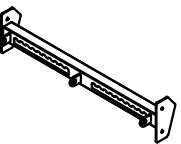
TT8004 130803

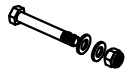












※※※ Pay attention to fixing and operation ※※※

1. Please keep the box and the manual after installing the machine.
2. Checking the stability of the screws regularly.
3. Please install the machine in a commodious place.
4. Putting the machine on the level ground, and use a mat to protect the floor.
5. The machine is fit for the healthy people; please don't use it when you feel uncomfortable.
6. There are slip proof cover on the nut (little nylon circle on the nut); please strengthen them in wrench.
7. The product is only fit for corresponding exercise, please don't do other exercise.
8. Please strengthen the screws; otherwise it is very dangerous.
9. When there are some dilapidation and distortion, please don't use it.
10. It's very dangerous to change and mend the machine, so it's absolutely forbid.
11. Avoiding use and storage the product on the circumstance such as dampness, high temperature and under sun.
12. Please deperate the dirt in neutral scour, using dry rag clean water ( don't use gas, dilution and other chemicals ).
13. Don't put your hands in the aperture and moving part of the machine when you are doing exercise.
14. Please confime the notice proceedings in order to long-term storage and using again.

※ If there are some change in manner, appearance and so on. Please forgive us not to inform you.

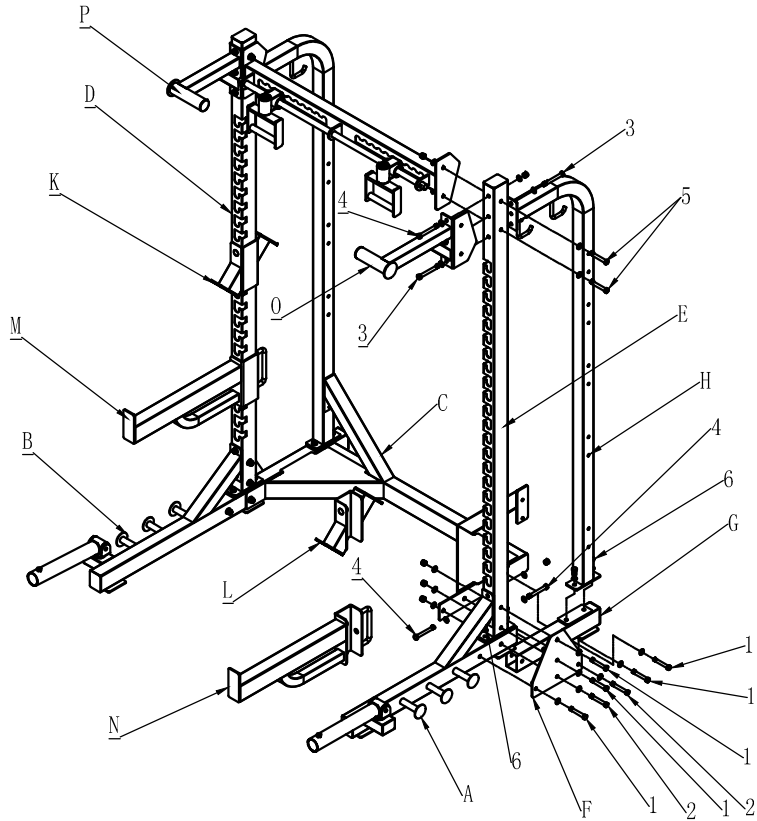
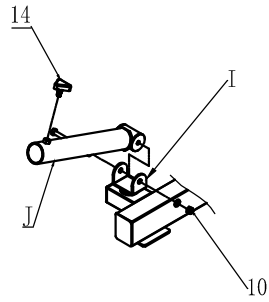
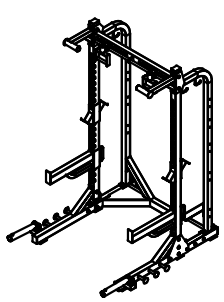


| PART LIST 1   |   |  |   |
|---|---|--|---|
|    |    |   |   |
| A   | 1 PC  | B  | 1 PC  |
| C   | 1 PC  | D  | 1 PC  |
|    |    |   |   |
| E   | 1 PC  | F  | 2 PCS   |
| G   | 2 PCS   | H  | 2 PCS   |
|    |    |   |   |
| I   | 2 PCS   | J  | 2 PCS   |
| K   | 1 PC  | L  | 1 PC  |
|    |    |   |   |
| M   | 1 PC  | N  | 1 PC  |
| O   | 1 PC  | P  | 1 PC  |
|   |   |  |  |
| Q   | 2 PCS   | R  | 2 PCS   |
| S   | 10 PCS  | T  | 1 PC  |
|  |  |  |   |
| U   | 2 PCS   | V  | PCS   |

| PART LIST   |   |   |   |
|---|---|---|---|
| M12*80 bolt, nut, washer  | M12*85 bolt, nut, washer  | M12*105 bolt, nut, washer   | M12*100 bolt, nut, washer   |
|  |  |  |  |
| 1   | 10 PCS  | 2   | 6 PCS   |
| 3   | 4 PCS   | 4   | 6 PCS   |
| M12*85 bolt, washer   | M12*20 bolt, washer   | M10*20 bolt, washer   | M6*20 bolt  |
|  |  |  |  |
| 5   | 2 PCS   | 6   | 8 PCS   |
| 7   | 2 PCS   | 8   | 2 PCS   |
| M10*85 bolt, nut, washer  | M10*90 bolt, nut, washer  | M10*80 bolt, nut, washer  | M10*85 bolt, washer   |
|  |  |  |  |
| 9   | 2 PCS   | 10  | 2 PCS   |
| 11  | 16 PCS  | 12  | 2 PCS   |
|   |   |  |   |
|   | 14  | 2 PCS   |   |

## Installation Instruction

### Step 1

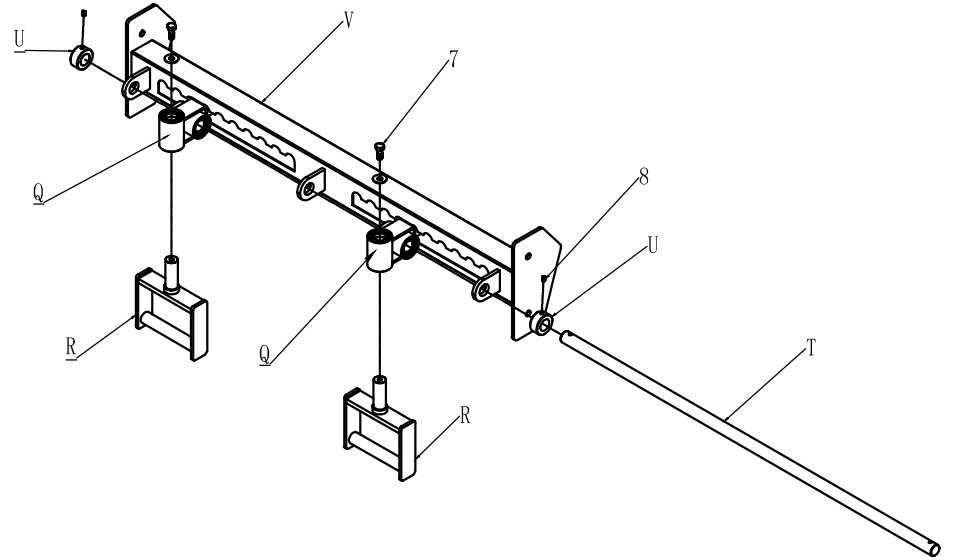


※ There anti-slip rubber damp in the nut .Please tighten it in tool.

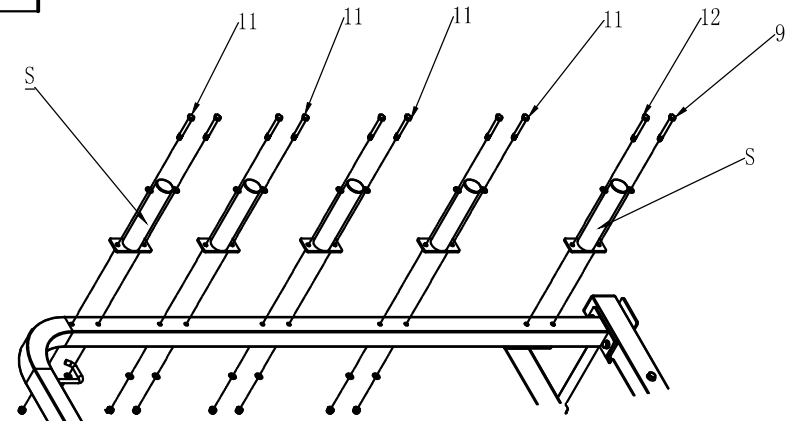


## Installation Instruction

### Step 2



### Step 3



※ There anti-slip rubber damp in the nut .Please tighten it in tool.

