



POWER GYM





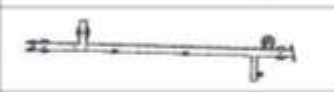
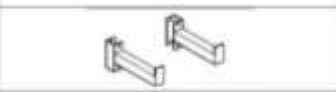











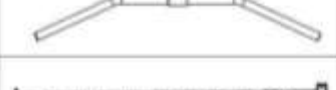
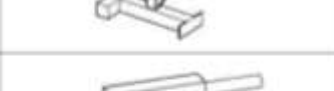









Product may vary slightly from the item pictured due to model upgrades

Read all instructions carefully before using this product. Retain this owner's manual for future reference.

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1. PARTS LIST

NO	NAME		QTY	NO	NAME		QTY
01	Top Beam		1	13	Low Frame		2
02	Middle Post		1	14	Safe Frame		2
03	Rear Post		1	15	Hook		20
04	L-Frame		2	16	Pad		2
05	Back Cushion		1	17	Fly Frame		2
06	Weight Bar		2	18	Handle Bar		1
07	Weight Frame		1	19	Glide Part		2
08	Cross Tube		2	20	High Pulling Bar		1
09	T-Frame		1	21	Main Tube		2
10	Low Tube		1	22	Cross Tube		2
11	Weight Bar		8	23	U-Frame		1
12	Leading Bar		2	24	Pulley Frame		1

01
02
03
05
07
09
10

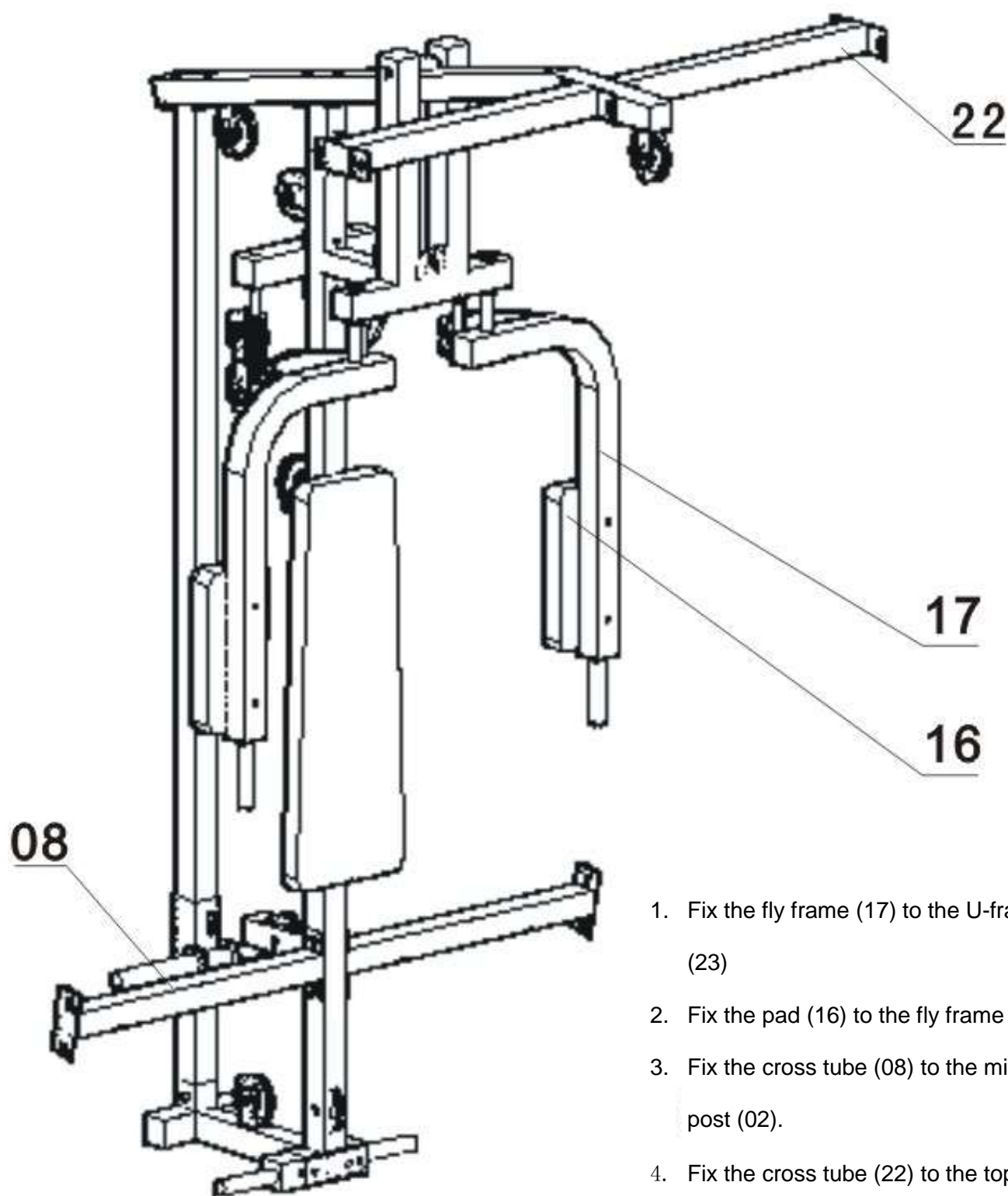
23

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1. Fix the weight frame (07) to the rear post (03).
2. Fix the rear post (03) and the middle post (02) to the T-frame (01).
3. Fix the top beam (01) to the rear post (03) and the middle post (02).
4. Fix the back cushion (05) to the middle post (02).

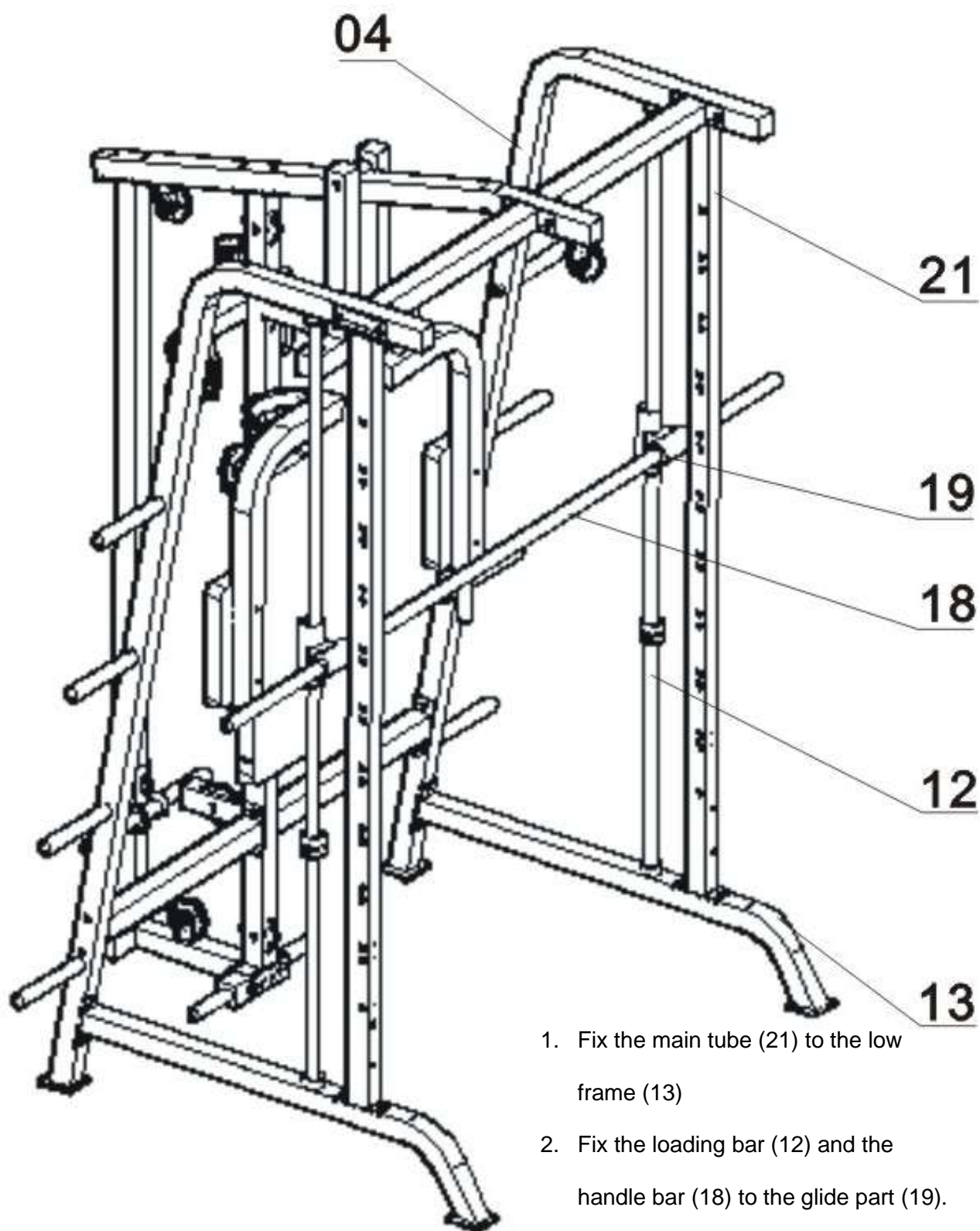
1. Fix the weight frame (07) to the rear post (03).
2. Fix the rear post (03) and the middle post (02) to the T-frame (09).
3. Fix the top beam (01) to the rear post (03) and the middle post (02).
4. Fix the back cushion (05) onto the middle post (02).

STEP 2:



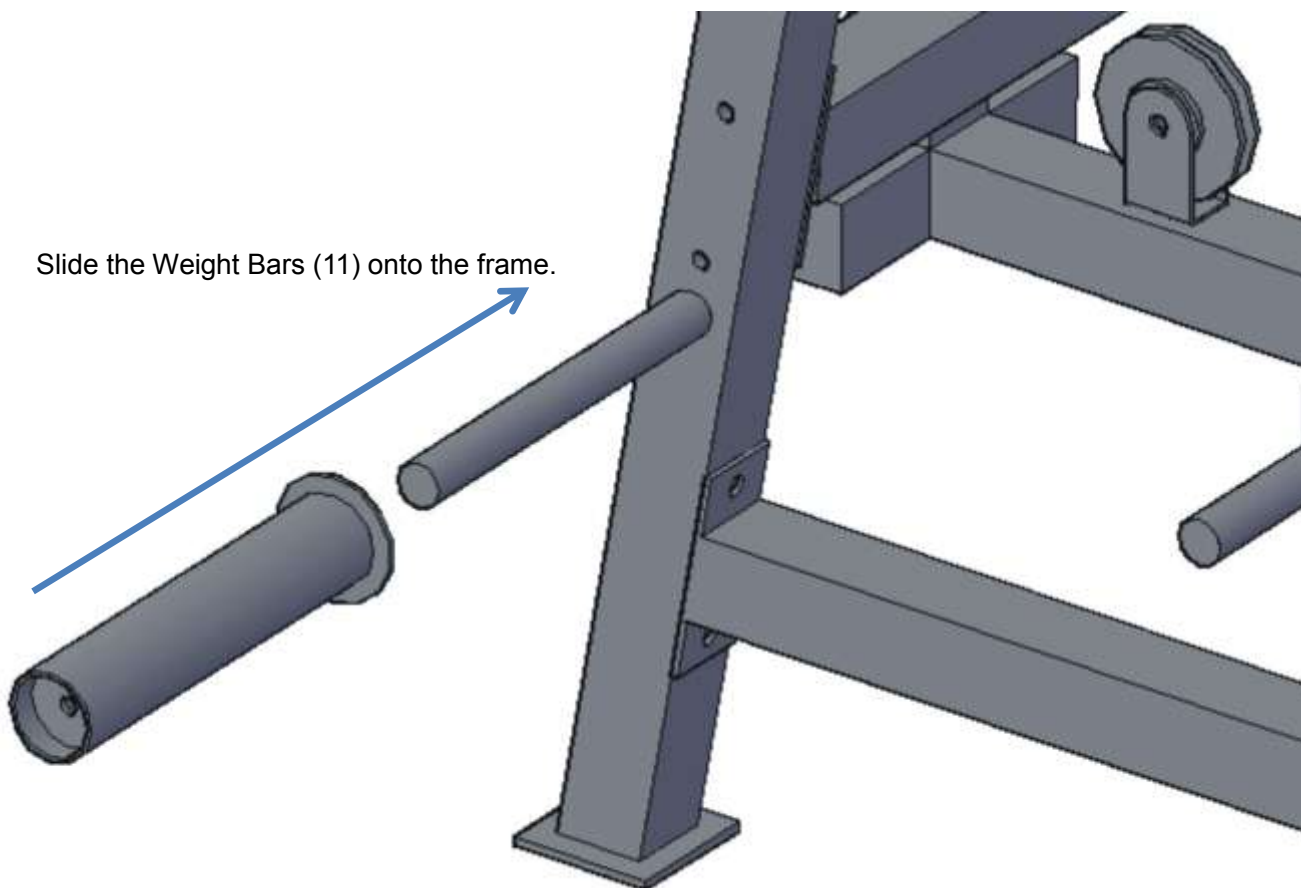
1. Fix the fly frame (17) to the U-frame (23)
2. Fix the pad (16) to the fly frame (17)
3. Fix the cross tube (08) to the middle post (02).
4. Fix the cross tube (22) to the top beam (01)

STEP 3:

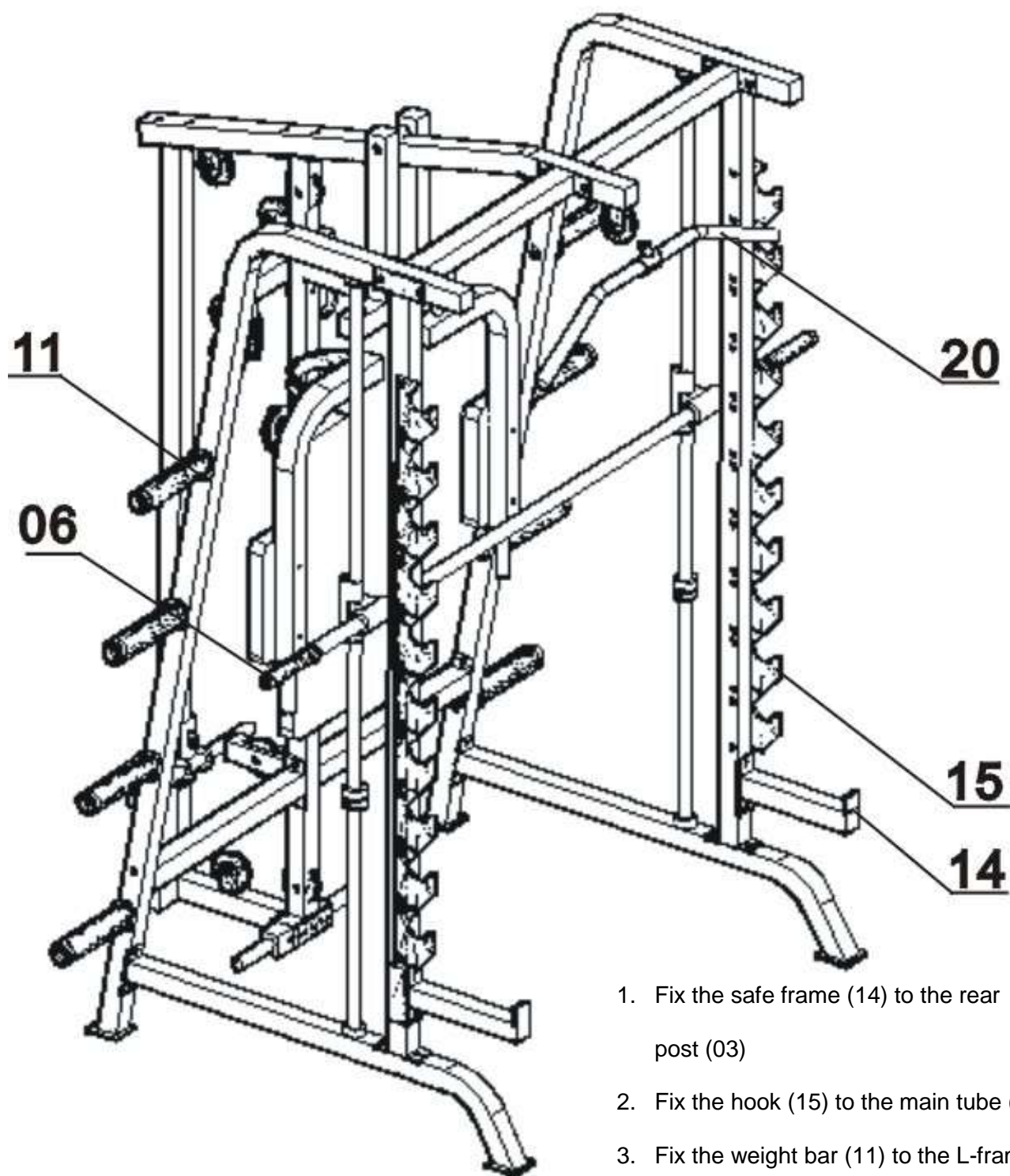


1. Fix the main tube (21) to the low frame (13)
2. Fix the loading bar (12) and the handle bar (18) to the glide part (19).
3. Fix these two parts with the L-frame (04).
4. Fix these part to the cross tube (08) and (22).

Slide the Weight Bars (11) onto the frame.



STEP 4:



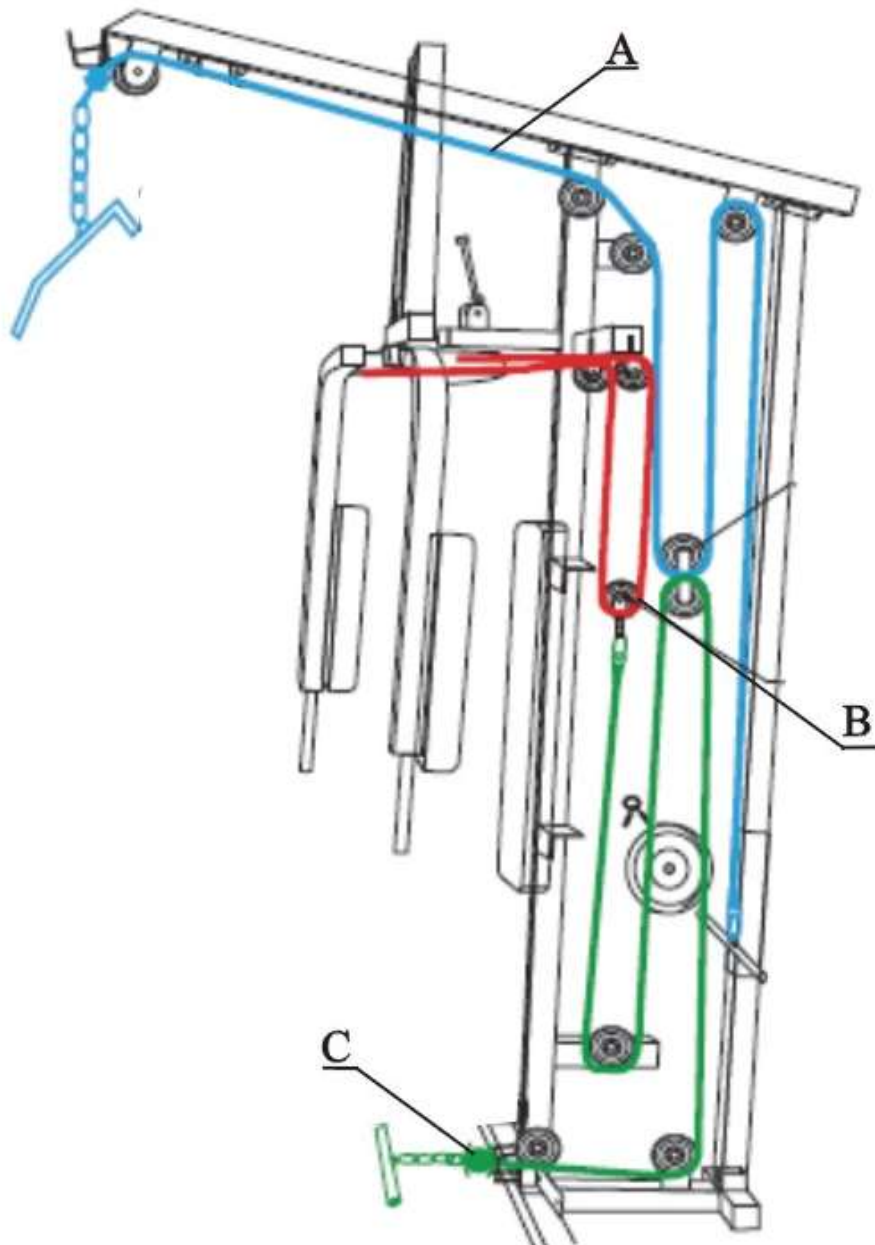
1. Fix the safe frame (14) to the rear post (03)
2. Fix the hook (15) to the main tube (21)
3. Fix the weight bar (11) to the L-frame (04).
4. Fix the weight bar (06) to the handle bar (18).

CABLE ATTACHMENT DIAGRAM

Cable A: 340cm

Cable B: 210cm

Cable C: 340cm



2. WARRANTY

AUSTRALIAN CONSUMER LAW

Many of our products come with a guarantee or warranty from the manufacturer. In addition, they come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage.

You are entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. Full details of your consumer rights may be found at www.consumerlaw.gov.au

Please visit our website to view our full warranty terms and conditions:

<http://www.lifespanonline.com.au/Warranty-Policy>