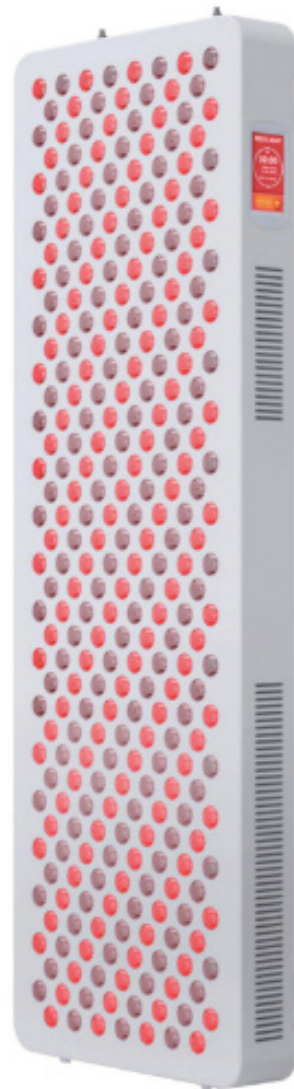




Lumina Red Light Therapy Panel with Touchscreen and APP Control (Wall-Hung)

USER MANUAL



Product may vary slightly from the item pictured due to model upgrades.



**Read all instructions carefully before using this product.
Retain this owner's manual for future reference.**

NOTE:

This manual should not be used to guide your purchasing decision. Your product, and the contents inside its carton, may vary from what is listed in this manual. This manual may also be subject to updates or changes. Updated manuals are available through our website at www.lifespanfitness.com.au



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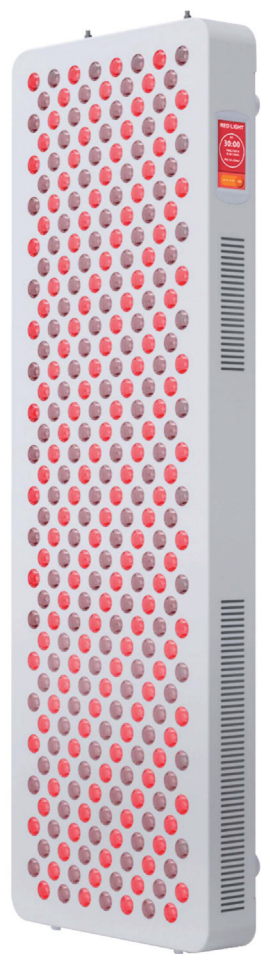
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I. SAFETY INSTRUCTIONS

Please pay attention to the following notes when using the device:

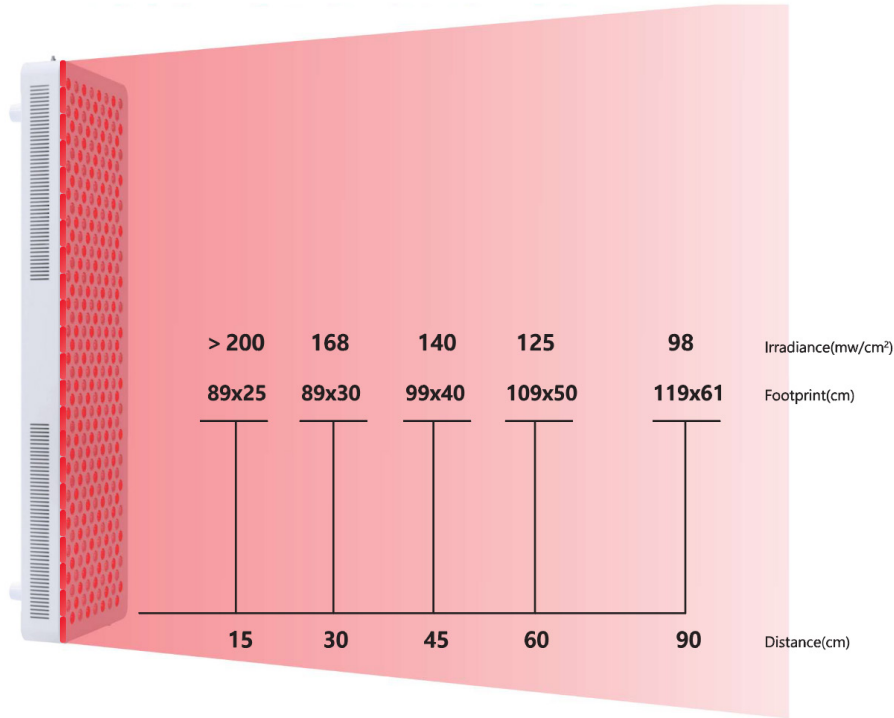
- Please read all notes in the user manual before using the device.
- Use with caution in patients with allergic skin conditions.
- Children and people with disabilities should use this device under the supervision of a guardian or medical professional.
- If the user has a tendency to bleed, acute inflammation, high fever, active tuberculosis, or similar conditions, the LED therapy light should not be used.
- When using the LED therapy light, ensure a safe irradiation distance and suitable treatment time are maintained.
- When irradiating the head area, protect the eyes to avoid eye injury or burns.
- The device is not waterproof. Do not clean it with an excessively wet towel or immerse it in water. Do not allow water or liquids to contact electrical components.
- Stop using the device immediately if it comes into contact with water or liquid.
- Do not pull the power cord forcefully during operation.
- Do not use the device together with other heating equipment.
- Do not modify or repair the device yourself.
- Do not use or store the device in environments where the temperature exceeds 45°C.
- Avoid direct sunlight when storing the lamp. Store it in a cool, dry place.
- Keep a distance of at least 11 cm between the skin and the light-emitting surface of the lamp to avoid high-temperature burns.
- If any abnormality or discomfort occurs during use, stop using the device immediately and contact customer support.

II. PRODUCT SPECIFICATIONS



Wavelengths (Two configurations)	2. 630nm: 660nm: 870nm: 830nm: 850nm
Amps@710v	4.48A
Amps@220v	2.73A
Dimensions	97 x 30 x 6.6cm
Power Consumption	463W
LEDs	300 x SW
Beam Angle	30 Degree
Timer	1-30 minutes adjustable
Pulse	0-40 Hertz adjustable (only for NiR LEDs)
Dimmable	0%-100%
Cooling Fans	4pcs
Weight	10.8KG
LED Lifespan	50,000hrs
EMF Emission	-Negligible
Best For	Half Body
Max Area	119 x 61cm
App	RLT System

IRRADIANCE



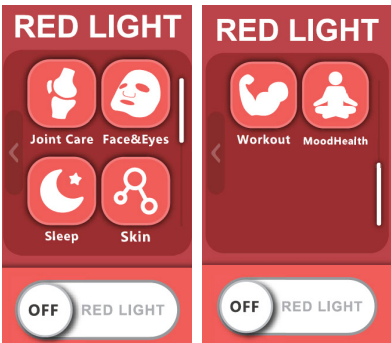
III. PARTS LIST

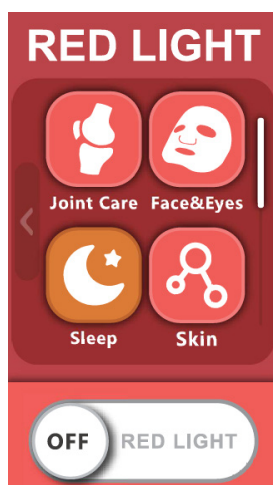


ACCESSORIES

- | | |
|----------------------|--------------------------------|
| 1. LED Therapy Light | 5. Hanging Hardware |
| 2. Eye Protection | 6. Power Cable |
| 3. Door Hook | 7. Patch Cable |
| 4. Remote control | 8. Cable Assembly & Snap Links |

IV. OPERATION INSTRUCTIONS

 A red rectangular screen with a white circle in the center containing the word "Welcome" in white text.	After powering on, it displays for 1.5 seconds, then enters the main menu.
 (Main Menu) The Main Menu screen is red and features the title "RED LIGHT" at the top. Below the title are three large, rounded rectangular buttons: "Smart" with a 2x2 grid icon, "Custom" with a gear icon, and "Group" with a group of three people icon. At the bottom is a toggle switch labeled "OFF" and "RED LIGHT".	1. Press the Smart button to select Joint Care, Face & Eyes, Sleep, Skin, Workout, or Mood Health mode. 2. Press the Custom button to choose Dimming, Timer, or Pulse. 3. Press the Group button to select Group 1, Group 2, or Group 3. 4. Toggle the switch OFF/ON to turn the light off/on.
 (Preset Mode Interface) The Preset Mode Interface consists of two side-by-side red screens. The left screen is titled "RED LIGHT" and shows four preset modes in a 2x2 grid: "Joint Care" (joint icon), "Face&Eyes" (face icon), "Sleep" (moon and star icon), and "Skin" (skin icon). The right screen is also titled "RED LIGHT" and shows two preset modes: "Workout" (person running icon) and "MoodHealth" (person meditating icon). Both screens have a toggle switch at the bottom labeled "OFF" and "RED LIGHT".	Tap the Smart button, scroll up or down to view all Preset modes, tap to select one.



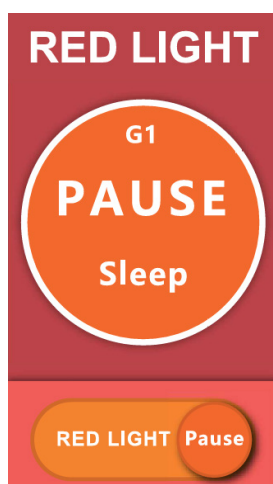
(Smart Mode Interface)

Click the Sleep button, it turns yellow to show it's selected. Press OFF to start.



(Sleep Mode Operating Interface)

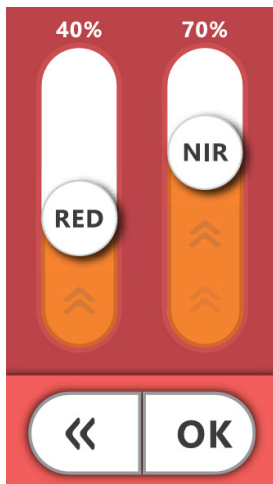
The time is displayed during operation. To turn off the light, press the ON button, and it will turn gray.



(Pause Interface of Preset Mode)

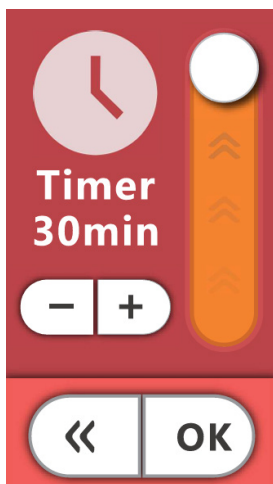
In the Pause interface of Preset mode, the light will remain off.

RED LIGHT G1 Finished Sleep RED LIGHT ON (Finish Interface of Preset Mode)	Once the timer runs out in Preset mode, the light will turn off.
RED LIGHT Smart Custom Group OFF RED LIGHT (Main Menu)	Click the Custom button, it turns yellow and enters the Custom interface.
RED LIGHT Dimming Timer Pulse OFF RED LIGHT (Custom Interface)	Click the Dimming button to adjust the intensity.



(Custom Dimming Interface)

Slide RED or NIR to adjust the light intensity. The light changes as you slide, and the number above increases or decreases from 0% to 100%. After setting the value, click OK to return to the custom interface.

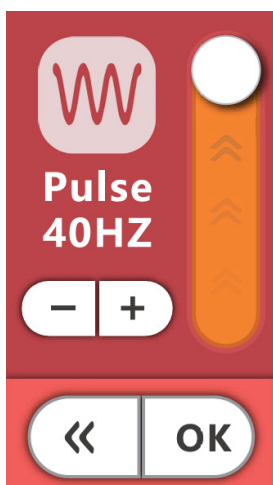


(Timer Setting Interface)

In the custom mode interface, click the Timer button to enter this screen.

From the Timer interface, set your desired time using the + and - buttons or by sliding the screen. Press OK to save this time, this time will stay in memory and the light will default to this when started.

After setting the value, click OK to return to the custom interface.



(Pulse Interface of Custom Mode)

In the custom mode interface, click the Pulse button to enter this screen.

You can adjust the Pulse from 0% HZ to 40% HZ by either swiping the screen or pressing the "-" or "+" buttons for precise control.

After setting the value, click OK to return to the custom interface.

RED LIGHT G1 30:00 RED:100% NIR:100% PULSE:20HZ RED LIGHT ON (Operation Interface of Custom Mode)	After setting the program, click OFF, the light will turn on and run.
RED LIGHT G1 PAUSE RED:100% NIR:100% PULSE:20HZ RED LIGHT Pause (Pause Interface of Custom Mode)	In Pause interface of custom mode, the light will remain off.
RED LIGHT G1 Finished RED:100% NIR:100% PULSE:20HZ RED LIGHT ON (Finish Interface of Custom Mode)	Once the timer runs out in Custom mode, the light will turn off.

RED LIGHT  Smart  Custom  Group OFF RED LIGHT (Main Menu)	Click the Group button to enter.
RED LIGHT  Group 1  Group 2  Group 3 OFF RED LIGHT (Group Interface)	From this screen, you can assign the light to a specific group for remote control. By default, Group 1 is selected. Change this only if you have multiple arrays in the same room that need individual control.

V. APP CONNECTIVITY

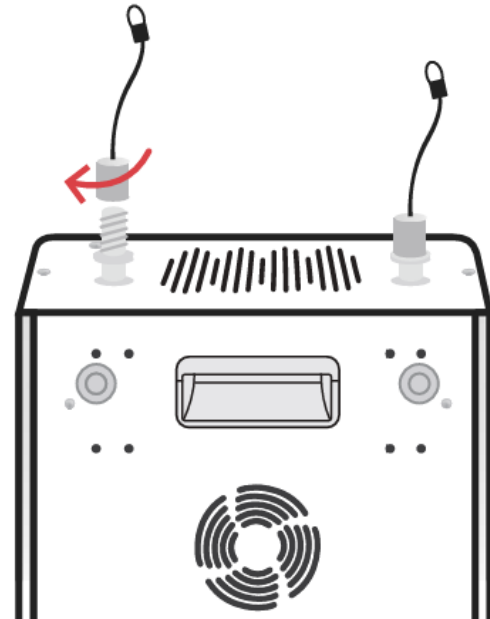
Get the RLT System app by searching in the App Store or Google Play, or simply scan the QR codes below!



VI. ASSEMBLY INSTRUCTIONS

STEP 1

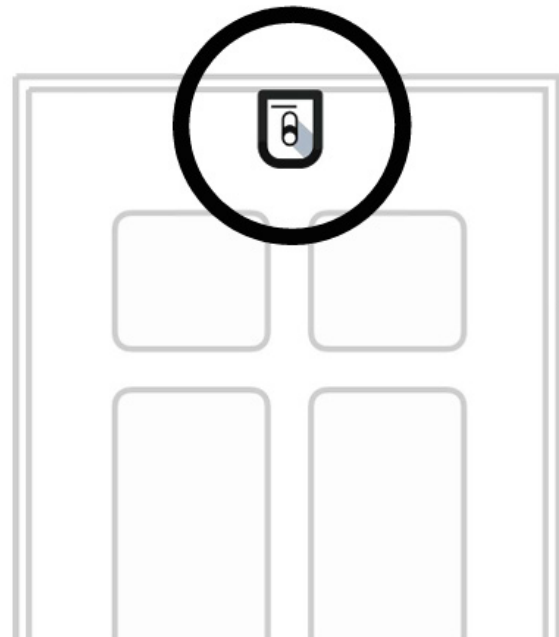
Lay all of the included hardware, including your Panel, on a padded surface. Next, screw in the threaded posts to the top of the device and handtighten with the included Allen wrench. Then, screw the cable supports to the threaded posts, as shown in PIC 1.



PIC 1

STEP 2

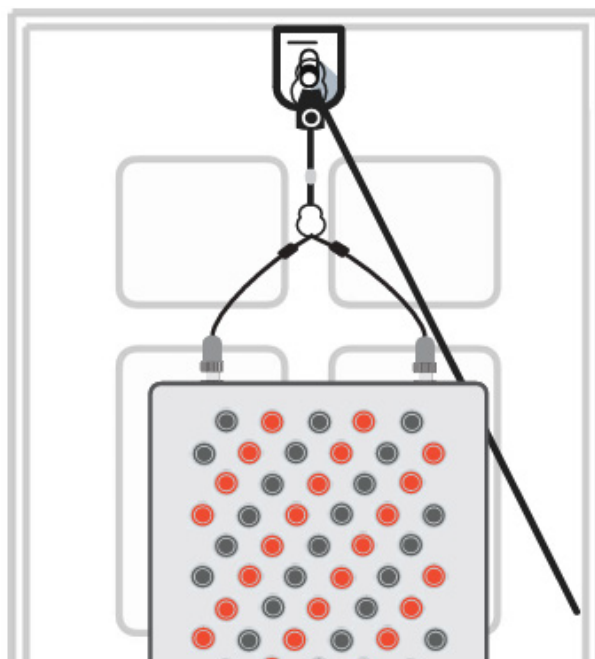
Hang the included custom hook on any standard-sized door, as shown in PIC 2.



PIC 2

STEP 3

Connect the cable supports to the snap link attached to the height-adjusting system. Then, connect the snap link on the opposite end directly to the door hook, as shown in PIC 3.



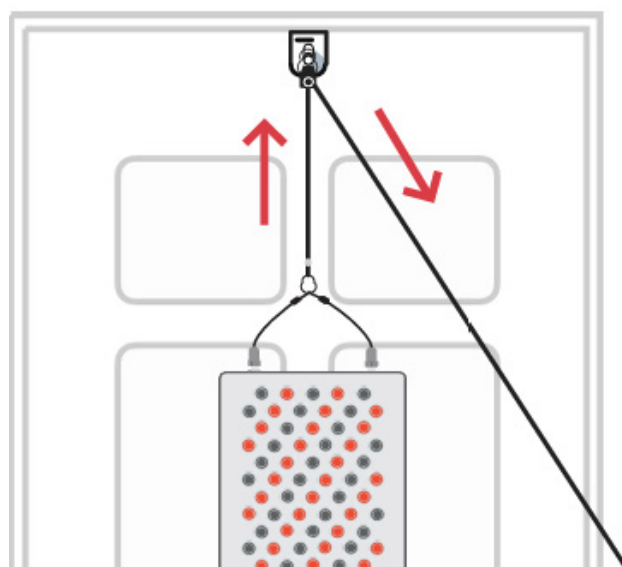
PIC 3

STEP 4

To raise your Panel to your desired height, pull down on the loose cable while supporting the device with your opposite hand, as shown in PIC 4.



Be sure to adequately support the device while raising and lowering it with the height-adjusting system.



PIC 4

VII. OPERATING ENVIRONMENT

Operating your Lumina Red Light Panel outside these ranges may affect performance:

- Temperature: -4° F to 140°F (-20°C to +60°C)
- Atmospheric Pressure: 707.325 kPa
- Storage Temperature: 8.6° F to 704° F (-73°C to +40°C)
- Relative humidity: 30% - 65%

VIII. WARRANTY

AUSTRALIAN CONSUMER LAW

Many of our products come with a guarantee or warranty from the manufacturer. In addition, they come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage.

You are entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. Full details of your consumer rights may be found at www.consumerlaw.gov.au.

Please visit our website to view our full warranty terms and conditions:
<http://www.lifespanfitness.com.au/warranty-repairs>

WARRANTY AND SUPPORT

Any claim against this warranty must be made through your original place of purchase. Proof of purchase is required before a warranty claim may be processed.

If you have purchased this product from the Official Lifespan Fitness website, please visit <https://lifespanfitness.com.au/warranty-form>

For support outside of warranty, if you wish to purchase replacement parts or request a repair or service, please visit <https://lifespanfitness.com.au/warranty-form> and fill in our Repair/Service Request Form or Parts Purchase Form.

Scan this QR code with your device to go to lifespanfitness.com.au/warranty-form



IX. SECURITY SUPPORT INFORMATION

REPORTING

To report a cyber security issue, please email support@gflgroup.com.au with product details and a description of the issue.

We will acknowledge receipt and provide updates as it is investigated.

DEVICE SUPPORT PERIOD

This product will receive security updates for a minimum of 12 months from the date of purchase.



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